

## PRESENTER



Gretchen Brauer-Rieke received a Bachelor's Degree in Nursing from Pacific Lutheran University and Master's Degree in Nursing from the University of Minnesota. She then spent 23 years delivering babies as a certified nurse-midwife, becoming a specialist in home-waterbirths. After retiring from midwifery in 2005, she obtained a post-Master's certification in Nursing Education from OHSU and began several years of teaching nursing.

Becoming increasingly aware that patients and families often struggle over how to deal with aggressive treatment choices at the end of life without the information they need to make good decisions inside the medical system, she became certified as an Advance Care Planning Facilitator. In 2011, she founded an educational service called *CodaConversations* and now travels the state of Oregon providing presentations to congregations and community groups, motivating them to document and discuss end-of-life wishes well in advance of health crises.

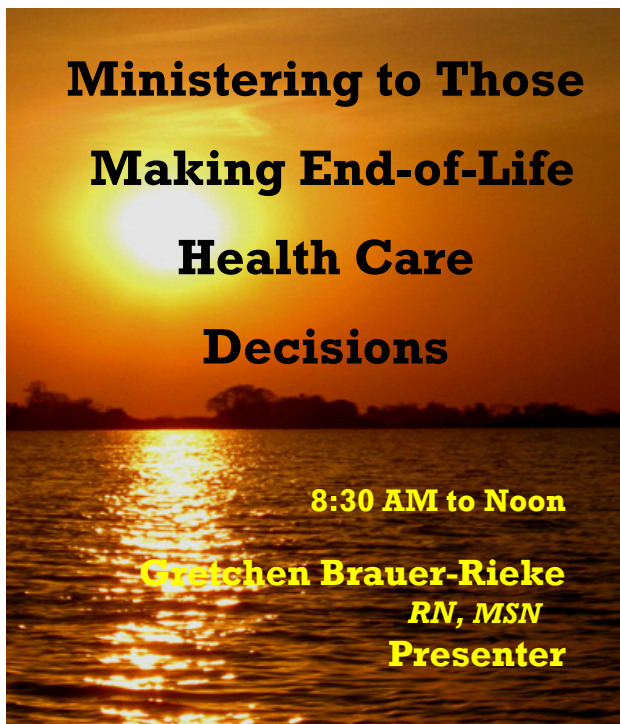
She authored the book *InAdvance: A Practical Guide to Making Your Own End-of-Live Health Care Decisions*, with editions specific for Oregon and Washington. Learn more from her webpage: [www.codaconversations.com](http://www.codaconversations.com)



Northwest Parish Nurse Ministries  
2801 N. Gantenbein Ave. # 1072  
Portland, OR 97227

## Northwest Parish Nurse Ministries

presents an  
**Educational Workshop**  
for  
Faith Community Professionals



**February 4, 2011**  
St. Matthew Lutheran Church  
10390 SW Canyon Road  
Beaverton, OR 97005

**February 11, 2011**  
Metro Church of Christ  
1525 NW Division

NONPROFIT  
US POSTAGE  
PAID  
PORTLAND, OR  
PERMIT NO 5715

Gresham, OR 97030

## INTENDED PARTICIPANTS

This workshop is for faith community nurses, health ministers, clergy, Stephen ministers, chaplains, and others who minister to people at the end-of-life (EOL).

## PURPOSE

This workshop is designed to increase the confidence and competence of participants in meeting the needs of people who are dealing with the challenge of making end-of-life health care decisions, whether for themselves or loved ones. Participants will learn about the importance of both documentation and discussion in creating an end-of-life plan, and delve into the specifics of ministering to people struggling with decision-making at the close of life.

## LEARNING OBJECTIVES

Upon completion of this workshop, participants will:

- Understand factors that create the need for advance planning of health-care needs at EOL
- Appreciate cultural views of death and the challenges inherent in motivating people to do advance planning
- Effectively utilize tools (Advance Directive, POLST) to plan EOL decisions in advance, including

ability to assist patients in understanding ramifications of decisions made

- Empower patients and families in the health care system to obtain information necessary for appropriate decision-making
- Develop discernment about appropriateness of EOL health-care goals and skills to assist patient and families to pursue goals appropriate to patient condition and prognosis
- Articulate benefits of palliative and hospice care as well as when/how to refer patients
- List ideas for effective ministry to those in one's own faith community:
  - Prior to a health crisis
  - Experiencing a life-threatening health crisis
  - When death is imminent

## TIME

8:30 AM to Noon  
(Doors open at 8:15 AM)

## COSTS

\$20 -- includes  
*KEY*Conversations booklet,  
*In Advance: A Practical Guide to Making Your Own End of Life Decisions* (Oregon edition) book, handouts and refreshments

## REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Church/Faith Community \_\_\_\_\_

Circle one: 2/4    2/11

€ Enclosed is a check for \$20 made out to NPNM

€ Please charge my (Circle one)  
VISA   MC   Amer.Ex   Discovery

# \_\_\_\_\_

Exp. \_\_\_\_\_ CSC # \_\_\_\_\_

Signed \_\_\_\_\_

Mail to:

Northwest Parish Nurse Ministries  
2801 N. Gantenbein Ave. #1072  
Portland, OR 97227

You may also register in the online store at: [www.npnm.org](http://www.npnm.org)

*(We prefer you register in advance so we have enough materials & refreshments. You may also register at the door)*

## FOR MORE INFORMATION

Sandy Madsen -- 503-413-2341  
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